

ROLE OF NURSE IN REDUCING SOCIAL PROBLEMS IN INDIA

- She nurses to help to improve the quality of the Family Welfare programmes and the community Health services of the society.
- Nurse will enable her to know the distinctive culture of each patient. This knowledge is necessary before attempting treatment to make medical and nursing services more effective.
- The rehabilitation nurse cares for individuals who are experiencing temporary, progressive, or permanent illness or disabilities that are extensive enough to alter their normal functioning and interrupt their lifestyle.

- Psychiatric nurse should possess the art of using one's self in therapeutic ways to assist patients to affect changes in self-understanding and behaviour. Views individuals from a holistic perspective, taking into account both physical and mental health needs while focusing on human behaviour.
- To deliver a successful health care system, the nurse should study the cultural, socio-economic, environmental, educational, nutritional, curative and preventive aspects of the society.
- The nurse is having close association and continuous contact with the clients than any other health team member, she has to understand the problems of clients in crucial wat.

- AIDS care nurse - This is profession that takes care of a person who is certain to die within a specified time frame. AIDS care nurse responds to the physical, psychological, spiritual and social concerns of patients with AIDS, cares for chronically ill and dying with numerous clinical manifestations.
- Nurses need to assume the responsibility for the provision of first level care in the community and thus acting as a changing agent in bringing about good quality of life to the people at large.
- Nurses to improve the quality of society like.
 - a) Family planning programme,
 - b) Population education,
 - c) Family welfare programme,
 - d) Identify psychological problems of patients and
 - e) Community health care services

- The society gives us an understanding of several Social Problems like Divorce, Prostitution, Poverty, Violence against women, Dowry system, Delinquency Drug- addiction, Alcoholism etc. Nurses assists us in eradiating these social problems.
- The Nurses to identify the Socio-economic condition and different cultural background of the patients.
- The quality of nursing care cannot be improved until nursing tradition. A professional nurse who is scientifically accountable basis her decision on scientifically documented knowledge and seeks to find scientific answers to perplexing problem.
- Parental Nurse - Cares for women, infants and their families from the onset of pregnancy through the first month of the newborn Is life (prenatal period); monitors the pregnancy, assesses the progression of labor; monitors the status of month anybody,.....

- Role of Nurse and reducing Social problems:-deviation in the normal functioning of the body produces discomfort or adversely affects the individual's health status. Every society has certain norms, values, ideals in regard to health and disease, deviation from which is treated as an aberration or a disease, Diseases occurs due to various factors such as invasion by microbes or other pathogenic agents which disturbs the hemostatic balance and results a malfunctioning or organs, Nurse to help to human society health care.

- Role of Nurses help, to support, proper guide, counseling, Social Welfare Information, following Points:-

- Low standards of living.

- Poor environmental sanitation,

- Poor housing.

- Bad habits like, Smoking and Alcoholism, Inadequate nutrition,

- Low economy,

- Poor urban planning.
- Poverty,
- Contamination of food, water . Industrial effluents, air pollution,
- Deprived of family relationship,
- Inadequate physical activities,
- Defective lifestyle,
- Sexual harassment, Unemployment.
- Rapid economic growth,
- Over population, (regarding family planning). .
- Job strain,

- Misunderstandings,
- Stress,
- Large gaps in income,
- Inadequate access to healthy foods, Isolation, etc.
- Occupational mal adjustment,
- Migration and healthy comparisons,
- Illiteracy, .
- Discrimination, .

- The study of Social problems helps the nurses to improve their care for special groups in society like:
 - ❖ Children,
 - ❖ Aged,
 - ❖ Physical and Mentally impaired,
 - ❖ People affected by HIV/AIDS etc.
- The Social problems of Society: Nurses undertaking of several problems likes Divorce, Prostitution, Alcoholism, Old aged. Handicapped, Poverty, Unemployment, Illiteracy, Delinquency, etc.